

One Art
By
Elizabeth Bishop

Outline:

1. Introduction.
2. Poetess.
3. Poem Summary.
4. Critical Appreciation.
5. Paraphrasing.

Introduction

The poem *One Art* has been written by modern American poetess Elizabeth Bishop. She reflects the painful experiences of her life through her poetry. The style of the poetess is ironic. She says that we should learn and master the art of losing. It will create contentment in ourselves. According to her, the art of losing is, in fact, the art of acceptance and resignation. We must face the trouble and misfortunes with a smiling face. The poetess is of the view that we should practice losing things without considering their value. She suggests that life is a strange blend of joy and sorrow, benefits and loses, victory and defeat. She gives examples to prove her point of view. To err is human on account of countless problems and strains in life. For instance, she has lost the door keys and is much worried. She forgets the names of the people, she meets daily. She loses her way and fails to remember the names of places. All this is enough to wreck her brain but she remains passive and calm. The poetess is filled with sorrow when she loses the watch of her mother. She consoles her heart that the loss of memory is not a great matter. It could be a blessing for her, if she masters the art of forgetting. She perhaps.....